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Acceptance and commitment therapy is a third-wave behavior therapy rooted in the philosophical tradition of functional contextualism (Hayes, Hayes, Reese, & Sarbin,

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Mindfulness and Acceptance-Based Group Therapy for Social

Acceptance and Commitment Therapy for the Treatment of Adolescent Depression: A Pilot Study in a Psychiatric Outpatient Setting. (Hayes et al., 2011)

Acceptance and Commitment Therapy for Depression | Society

Acceptance and Commitment Therapy, Joseph Ciarrochi. I work with both youth and adults. I have worked with professional sports teams, CEOs, and organizations.

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Effectiveness of Acceptance and Commitment Therapy for Worry and Rumination A thesis submitted in partial fulfillment of the requirements for the degree of Doctor of

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